

## A word from the President

Pont-Rouge, April 3rd 2020

Hello to all. Despite our mandatory confinement at home, I admit that this coronavirus "COVID-19" has us pondering so many all aspects of our lives; health, confinement, psychological distress, finances, death, and this, a little in spite of ourselves. All our activities are turned upside down. It is with great regret that I no longer see my grandchildren, whom I adore (pandemic dictates).

But everything will return to normal someday. The pandemic will have had the advantage of recharging our batteries as individuals and will have given us the chance to review our ways of acting in a society that was drifting apart. I am convinced that we will emerge stronger and more united than ever. The support and respect for our elders has mobilized a lot of attention and interest from our leaders, as they have been very often forgotten in the past. In the future, we will build positively on this event, which has given us one hell of a life lesson.

Doing our part to counter the spread of the virus, it is with regret that we had to cancel the activity at the sugar shack last March, as well as our annual Gauthier d'Amérique meeting that was to take place on August 15th in Deschambault. The Annual General Meeting (AGM) of the Fédération des associations de familles du Québec (FAFQ) that was to have taken place on April 18 had also been cancelled.

On that note, here's wishing you all good health and good luck. Keep hope; we're going to be okay.

Your president, Yvon Gauthier